

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer 2018 Silver Menu Barrow Hedges

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Pork Sausages * with Mashed Potatoes and Gravy	Beef Spaghetti Bolognese *	Roast Turkey * with Roast Potatoes & Gravy	Mediterranean Chicken * with Rice	Fish Fingers, Chips and Tomato Sauce
16/04/2018 07/05/2018	Vegetarian	Pasta Neapolitan with Spinach	Quorn Pieces & Veg Stir Fry with Rice	Quorn Roast with Roast Potatoes & Gravy	Cheese Tomato & Pepper Pizza	Vegetarian Fajita with Chips
04/06/2018 25/06/2018		Cauliflower Green Beans	Sweetcorn Broccoli	Carrots Peas Mixed	Sweetcorn Broccoli	Baked Beans Garden Peas
16/07/2018	Dessert	Peach Crumble with Custard Yoghurt Fresh Fruit	Chocolate & Mandarin Brownie Yoghurt Fresh Fruit	Ice Cream & Peaches Yoghurt Fresh Fruit	Apple Pie with Custard Yoghurt Fresh Fruit	Lemon Drizzle Yoghurt Fresh Fruit
Week 2	Main	Diced Beef * in (Soy Sauce) with Noodles Cheese & Tomato Pizza	Beef Lasagne *	Roast Pork * with Roast Potatoes & Gravy Lentil and Basil Puff Pastry Turnover with Roast Potatoes & Gravy	BBQ Chicken * with Rice Vegetable Pasta Bake	Fish in Batter Chips, Tomato Sauce Cheese, Onion and Spinach Quiche with Chips
23/04/2018 14/05/2018	Vegetarian	Broccoli Sweetcorn	Vegetable (Soya Mince) Chilli with Rice Green Beans Carrots	Carrots Cabbage	Broccoli Sweet corn	Baked Beans Garden Peas
11/06/2018 02/07/2018 23/07/2018	Dessert	Lemon & Mixed Berry Cake Yoghurt Fresh Fruit	Apple Crumble with Custard Yoghurt Fresh Fruit	Oaty Cookie with Fruit Yoghurt Fresh Fruit	Orange Tray Bake with Choc Sauce Yoghurt Fresh Fruit	Ice Cream & Peaches Yoghurt Fresh Fruit
Week 3	Main	Lamb Bolognese * with Pasta	Beef Burger * with Oven Baked Potatoes Wedges	Roast Chicken * & Stuffing with Roast Potatoes & Gravy	Cajun Spiced Turkey * with Rice	Salmon Fish Cake/Fingers Chips, Tomato Sauce
30/04/2018 21/05/2018	Vegetarian	Vegetarian Sausages With Mash	Lentil and Sweet Potato Curry with Rice	Vegetarian Wellington with Roast Potatoes & Gravy	Macaroni Cheese with Tomato topping	Cheese & Tomato Pizza
18/06/2018 09/07/2018		Sweetcorn Green Beans	Peas Broccoli	Fresh Mixed Seasonal Vegetables (Broccoli/Courgettes/Carrots)	Carrots Sweetcorn	Garden Peas Baked Beans
	Dessert	Pear & Raisin Upside Down Cake Yoghurt Fresh Fruit	Fruit Salad Yoghurt Fresh Fruit	Apple Flapjack Yoghurt Fresh Fruit	Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit	Vanilla Shortbread Yoghurt Fresh Fruit



* On the menu indicates a Halal meat option is also available on that day

Available Daily

Freshly cooked jacket potatoes with a choice of fillings (Monday/ Tuesday /Thursday)

Bread freshly baked on site daily

Daily salad selection

Fresh Fruit and Yoghurt