

Summer Menu 2020



		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 20/04 11/05 08/06 29/06 20/07	Option 1	Macaroni Cheese	Beef Burger * in a Bun with Wedges	Roast Chicken * with Roast Potatoes & Gravy	Chinese Chicken Curry* with 50/50 Rice	MSC Salmon Fish Fingers with Chips
	Option 2	Lentil & Sweet Potato Curry with 50/50 Rice	Quorn Burger in a Bun with Wedges	Lentil & Tomato Whirl with Roast Potatoes & Gravy	Soya Mince Lasagne with Garlic Bread	Cheese & Tomato Pizza with Chips
	Vegetables	Peas Carrots	Baked Tomatoes Green Beans	Carrots Diced Swede	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Mixed Fruit Crumble with Cream	Vanilla Shortbread with Fruit or Yoghurt	Fresh Fruit & Yoghurt Station	Chocolate & Orange Cake with Choc Sauce	Ice Cream with Fruit

Week Two 27/04 18/05 15/06 06/07	Option 1	Soya Bolognaise with Spaghetti	Pork Sausages * with Mash & Gravy	Roast Beef * with Roast Potatoes & Gravy	BBQ Chicken Pasta *	MSC Fish Fingers with Chips
	Option 2	Vegetable & Bean Fajitas with 50/50 Rice	Vegetarian Sausages with Mash & Gravy	Quorn Roast Fillet with Roast Potatoes & Gravy	Vegetable Tagine with Couscous	Spanish Omelette with Chips
	Vegetables	Green Beans Cauliflower	Carrots Cabbage	Medley of Vegetables	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Fresh Fruit & Yoghurt Station	Lemon & Orange Shortbread with Fruit or Yoghurt	Ice Cream with Fruit	Apple Sponge & Custard	Lemon Drizzle Cake

Week Three 04/05 01/06 22/06 13/07	Option 1	Cheese & Tomato Pizza with Wedges	Beef Tortilla Stack * with New Potatoes	Roast Pork * with Roast Potatoes & Gravy	Smokey Chicken Wrap* with 50/50 Rice	MSC Fish in Batter with Chips
	Option 2	Summer Vegetable Risotto	Tomato & Vegetable Pasta	Vegetable Wellington, Roast Potatoes & Gravy	Five Bean Chilli with 50/50 Rice	Cheese & Potato Wheel with Chips
	Vegetables	Sweetcorn Broccoli	Cauliflower Green Beans	Carrot Cabbage	Broccoli Sweetcorn	Baked Beans Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Raisin & Yoghurt Cake	Fruit Salad with Cream	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie

*** HALAL OPTION AVAILABLE**

Available Daily:
- Freshly cooked jacket potatoes with a choice of fillings – Monday, Tuesday & Thursday
- Bread freshly baked on site daily
- Daily salad selection
- Choice of fruit, yoghurt or cheese & crackers

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.