

Mrs Louise Wood BA (Hons) PGCE NPQH Headteacher

11th June 2021

Dear Parent/Carer,

Skipping Workshop and rope sale: Monday 14th - Wednesday 16th June 2021

We know that lots of the children enjoyed using their skipping ropes during school closures and, not only is it a good way to keep fit but also great fun! We are pleased to inform you that we have invited 'Skipping Workshops UK' into school to run a skipping workshop on the above dates. Each class will have a skipping lesson and will be taught a range of different skipping skills.

Skipping Workshops have presented workshops in over 10,000 schools throughout the UK & Ireland, as well as across Europe. They have represented the UK in international skipping events, and have appeared several times on TV, including Blue Peter, Record Breakers, BBC TV News and SMTV Live. Their aim is to encourage children and adults to skip for health, fun and fitness.

As in previous years the speed ropes will be available to buy after school on Monday, Tuesday and Wednesday until 4pm.

Payment is by cash only.

Infant and junior ropes. Cost £5 each





Solar Ropes (change from clear to purple in the sun) available in infant & junior length. Cost £6 each





Harbury Road Carshalton Surrey SM5 4LA Telephone 020 8643 4428

office@barrowhedges.com

















Adult and long ropes. Cost £8 each



If you have any questions or would like any further information, please contact me via the School Office.

Kind regards,

Kelly Wallis **PE Subject Leader**Twitter - @barrowhedgespe