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Sunday 11th July 2021

Dear Parents/Carers.

#### Advice to All Parents – Positive Case of COVID-19

I am writing to inform you that we have been made aware this morning that an adult member of the Reception Bubble has tested positive for COVID-19 (on a PCR test). The parents of the children who this affects have already been notified.

We know that you may find this concerning especially if your child is currently attending school. You will hopefully know that all the children and staff are in separate bubbles with no mixing of bubbles and we have robust risk assessments in place which we strictly adhere to. This letter is just to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The children who have been in contact with the individual who has tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 9 days (taken from the date of the positive case).

The school remains open for all other children including siblings of those children whose bubble has closed. Your child should continue to attend as normal if they remain well.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirustest or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: https://www.gov.uk/government/publications/covid-19-stay-athome-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19infection

The 10 day period starts from the day when the first person in the house became ill.



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Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

## For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</a>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <a href="https://111.nhs.uk/">https://111.nhs.uk/</a> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely,

Louise wood

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